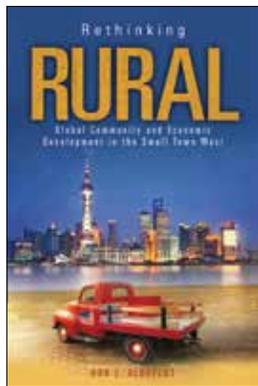


Spring  
2014

WSU PRESS



# NEW TITLES



Photographs • index  
6" x 9" • 224 pages  
Paperback • \$28.95  
ISBN 978-0-87422-319-4  
MARCH

## Rethinking Rural Global Community and Economic Development in the Small Town West

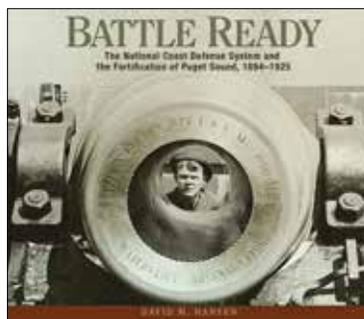
Don E. Albrecht

The vastness and isolation of the American West forged a dependence on scarce natural resources—especially water, forests, fish, and minerals. The small towns clustered near these assets were often self-sufficient and culturally distinct. By 1941 mass media, as well as improved transportation and infrastructure, propelled these sequestered settlements into the mass society era. Today, the internet is shaping another revolution, and it promises both obstacles and opportunity. Some formerly prosperous communities struggle to survive, while others attempt to cope with unprecedented growth. Seeking to understand the impact of a global society on western small towns, the author, director of the Western Rural Development Center at Utah State University, conducted strategic planning roundtables in thirteen states. The gatherings brought three major concerns to the surface: sustaining natural resources, creating vibrant rural economies, and enhancing educational and employment prospects. *Rethinking Rural* summarizes characteristics of the isolation, mass society, and global society eras. It provides an overview of western environmental history and explores the significant challenges identified during the forum discussions. More importantly, it offers guidance to community leaders, policy makers, and scholars seeking ways to address poverty, increasing inequality, and shifting demographics, as well as resource management and conservation issues.

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"[*Rethinking Rural*] tells the story of the West in a concise and compelling way, leading the reader from one era to the next, making a strong argument for new strategies in the current Global Society era."  
—Lorie Higgins, Ph.D., Extension Specialist and Associate Professor, University of Idaho

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Photographs • notes • bibliography • index  
10½" x 9" • 208 pages  
Paperback • \$32.95  
ISBN 978-0-87422-320-0  
JUNE

## Battle Ready The National Coast Defense System and the Fortification of Puget Sound, 1894–1925

David M. Hansen

Altered landscapes and an array of concrete structures—remnants of Puget Sound fortifications—serve as silent reminders of a

unique chapter in history. The ocean inlet's wide entrance, deep waters, and recurrent fog left it vulnerable to attack. It finally became part of the National Coast Defense System in 1894, when the value of real and personal property along the shores surpassed \$160 million.

With the completion of construction on Point Wilson, Admiralty Head, and Marrowstone Point, the harbor became one of the most heavily guarded in the United States. Technical advances improved batteries, carriages, guns, communication, and fire control. Effective resistance also required a sufficient number of highly trained enlisted men.

The removal of guns for use in World War I, as well as the redirection of specialized troops to field artillery units heralded the defense system's demise. Eventually, armed forces abandoned permanent fortifications in favor of mobile artillery. None of Puget Sound's five forts ever saw battle, but like many military installations, they were most valuable as a strong deterrent.

*Battle Ready* describes designs, innovations, frustrations over implementation plans, and the experience of serving in the fortifications. The extensively researched volume summarizes the fascinating saga of Washington State's seacoast defense, presenting the broad story in both a national and local context.

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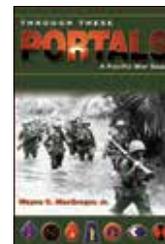
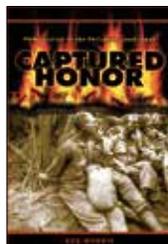
"A scholarly study of the Puget Sound forts has been a long time coming, and is sorely needed...I welcome this work."  
—William Woodward, Ph.D., Professor of History, Seattle Pacific University

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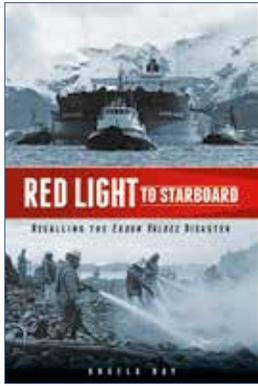
"A contribution to the field...the first scholarly attempt to describe the evolution of the seacoast defenses of Puget Sound and to put them in the context of national defense policy."  
—Bolling Smith, Editor, *Coast Defense Journal*

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## Of Related Interest:



Cover photo from Alaska State Library, U.S. Coast Guard 17th District Photograph Collection, PAC Ed Moreth, ASL-PCA-313-08-15



## Red Light to Starboard Recalling the Exxon Valdez Disaster

Angela Day

Minutes before supertanker *Exxon Valdez* ran aground on Bligh Reef, before rocks ripped a huge hole in her hull and a geyser of crude oil darkened the pristine waters of Prince William Sound, the ship's lookout burst through the chart room door. "That light, sir, it's still on the starboard side. It should be to port, sir." Her frantic words

Photographs • map • index  
6" x 9" • 272 pages  
Paperback, \$19.95  
ISBN 978-0-87422-318-7  
FEBRUARY

were merely the last in a litany of futile warnings.

The parade of ultimately unkept promises began the next day. President Frank Iarossi pronounced that the Exxon Shipping Company had "assumed full financial responsibility." A week later, Alaska Governor Steve Cowper spoke at the Valdez Civic Center. "We don't want anybody to think that they have to hire a lawyer and go into federal court and sue the largest corporation in America."

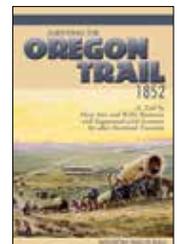
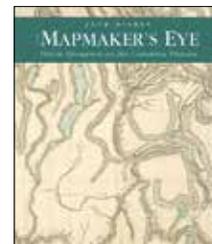
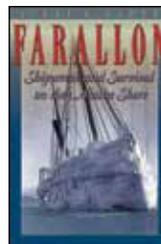
Cordova native Bobby Day flew over the spill and realized his livelihood was in jeopardy. He struggled with feelings of betrayal and guilt and later, the tensions of a divided community. His intimate story lends a local perspective and conveys the damage inflicted upon individuals and the fishing industry.

In the end, lengthy investigations revealed cover-ups, reckless management, numerous safety violations, and a broken regulatory process. Lawmakers aligned with businesses rather than citizens, and fishermen spent nearly twenty years in litigation. Despite a massive cleanup effort, oil remains on the beaches and continues to impact marine life.

*Red Light to Starboard* documents a story that stunned the world, recounts regional and national history, and explains how oil titans came to be entrusted with a spectacular, fragile ecosystem. It discusses the disaster's environmental consequences as well as failed governmental and public policy decisions, and tracks changes that, through opportunities for citizen input and oversight, offer hope for the future.

March 24, 2014, marks the  
oil spill's 25th anniversary.

### Of Related Interest:



## John Mullan The Tumultuous Life of a Western Road Builder

Keith C. Petersen

John Mullan's celebrated road—a 625-mile link that connected the Missouri and Columbia rivers—established the West Point graduate as an accomplished engineer. After completing the West's first highway at age thirty-two, he lived for nearly another half century, a period of dynamic change. When he died in 1909, automobiles were making their initial crossings along the route

he engineered, and his arterial eventually became a critical link in America's longest interstate freeway, I-90. Yet despite frequent mentions in books about the nineteenth-century Northwest, the soldier/explorer has remained little more than a caricature: a dashing young Army officer who comes West, builds one of its most important thoroughfares, and then disappears from the region's literature.

Now, in lively prose, Idaho State Historian Keith Petersen takes a fresh look at Mullan, whose road has significantly impacted the development of the Northwest for more than 150 years. The deeply researched biography probes the explorer's complex personality and continues the story, including business partnerships and personal relationships with some of the West's most intriguing characters: Father Pierre-Jean DeSmet, General William T. Sherman, Chico founder John Bidwell, Idaho gold discoverer Elias Pierce, Yakama Indian chief Owhi, and others. Long overdue, this comprehensive portrayal bestows a full appreciation of Mullan's life—his rise to fame as well as his fall from grace.

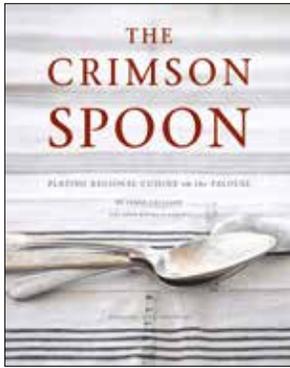
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"Places Mullan's life squarely within the context of the times... Most Mullan enthusiasts have not seen much of the material that is presented in this manuscript."

—Jon Axline, Mullan historian

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# NEW DISTRIBUTED TITLES



## The Crimson Spoon *Plating Regional Cuisine on the Palouse*

Jamie Callison with  
Linda Burner Augustine  
Photographs by E.J. Armstrong

“Start with great ingredients,  
apply simple cooking  
techniques, and magic  
happens.”

Photographs  
8<sup>7</sup>/<sub>8</sub>" x 10<sup>1</sup>/<sub>4</sub>" • 224 pages  
Hardbound • \$38.00  
ISBN 978-0-615-86917-9

To Jamie Callison, the Palouse  
region of the Pacific Northwest  
is a chef's playground. A

creamery, apiaries, an organic farm, fruit orchards, a cattle  
herd, and legumes are all located just minutes from his  
campus kitchen—an “edible backyard” that inspired this  
delectable collection.

*The Crimson Spoon* features more than 100 recipes  
covering an array of palates—from comfort food like  
Cougar Gold Mac & Cheese to elegant fare like Pear and  
Mascarpone Ravioli. Many celebrate local ingredients like  
WSU Wagyu beef, garbanzo beans and lentils, soft durum  
wheat flour, and world-famous Cougar Gold cheese. Others  
highlight coastal treasures such as salmon and scallops.

In addition to utilizing high quality agricultural resources,  
Callison firmly believes that sharing delicious food,  
beautifully presented, strengthens bonds between family  
and friends—a splendid reward for pursuing his passion.  
Gorgeous color photographs showcase his mouth-watering  
dishes, and passages tucked throughout the pages convey his  
life story and underscore his cooking philosophy.

Jamie Callison CEC, AAC, is Executive Chef/Culinary Instructor at  
Washington State University.

Linda Burner Augustine is a Seattle-based freelance food consultant  
and teacher. She writes the blog *AYearAtTheTable.com*.

Published by the Washington State University College of Business

## Exploring Washington's Majestic State Capitol

Cathleen Norman

Washington's picturesque legislative  
campus was constructed over  
decades beginning with the  
Governor's Mansion in 1908.  
Extensively illustrated, this slim  
guide introduces readers to territorial  
history, Neoclassical gems such as  
the grand Legislative Building and  
stately Temple of Justice, as well  
as spectacular memorials, custom  
furnishings, and gardens.

Published by the Washington State Capitol  
Furnishings Preservation Committee



Photographs • maps  
7" x 10" • 64 pages  
Paperback • \$12.00  
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## Oregon-California Trails Association Books

Established in 1982, OCTA is the nation's largest and most  
influential organization dedicated to the preservation and  
protection of overland emigrant trails and the emigrant  
experience. Their quarterly publication, *Overland Journal*, is a  
membership benefit. Contact: [www.octa-trails.org](http://www.octa-trails.org)

### Our Faces Are Westward *The 1852 Oregon Trail Journey of Edward Jay Allen*

Edited by Dennis M. Larsen and Karen M. Johnson.

An ailing Edward Jay Allen joined a wagon train en route to Oregon in 1852.  
Despite exhaustion from weeks of strenuous travel, he guided a raft down the  
Snake River. A foot injury compelled him to risk a harrowing “float” over falls  
and rapids. Lucky to be alive, he reached Fort Boise and operated a ferry before  
returning to the trail. Walking with difficulty and short of food and water, he  
struggled on to Portland. Based on newly-discovered diaries and letters replete with  
keen observations, poetry, and humor, Allen's delightfully literate, entertaining  
accounts bring the emigrant trail experience to life.

Available in January 2014 • 262 pages (2012) • Paperback • 978-1-893061-09-5 • \$24.95

### Bruff's Wake *J. Goldsborough Bruff and the California Gold Rush, 1849-1851*

Harold James

J. Goldsborough Bruff's overland passage is one of the classic accounts of travel  
in the West. *Bruff's Wake* follows his gold rush experiences in California and his  
return to New York via Panama. The pioneer's charming artwork captures a visual  
rendering of his journey. Journal entries and illustrations he made along the trail  
are accompanied by the author's contemporary photographs taken at the same  
sites.

190 pages (2011) • Paperback • 978-1-893061-08-8 • \$34.95

### Rediscovered Frontiersman *Timothy Goodale*

James W. McGill

In the early 1860s Goodale led the largest wagon train to ever cross Idaho, and  
the routes he pioneered impacted regional travel, settlement, and economic  
development for the next three decades.

Available in January 2014 • 332 pages (2009) • Paperback • 978-1-893061-06-4 • \$24.95

### The Look of the Elephant *The Westering Experience in the Words of Those Who Lived It, 1841-1861*

Andrew and Joanne Hammond

This collection of diary quotes and interpretive text paints a vivid picture of  
traveling west in the days of covered wagons.

Available in January 2014 • 286 pages (2009) • Paperback • 978-1-893061-04-0 • \$18.95

### Graves and Sites on the Oregon and California Trails

Randy Brown and Reg Duffin

160 pages (1998) • Paperback • 978-0-9635901-9-0 • \$17.95

### From the Old Northwest to the Pacific Northwest *The 1853 Oregon Trail Diaries of Patterson Fletcher Luark and Michael Fleenan Luark*

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Maps by Hans J. Stolle

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Paperback • 978-0-9635901-8-3 • \$14.95

### The 1849 California Trail Diaries of Elijah Preston Howell

Edited by Susan Badger Doyle and Donald E. Buck

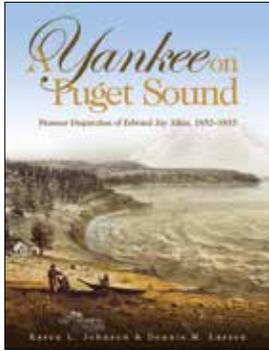
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### Historic Inscriptions on Western Emigrant Trails

Randy Brown

464 pages (2004) • Paperback • 978-1-893061-01-9 • \$29.95

# RECENT RELEASES



## A Yankee on Puget Sound Pioneer Dispatches of Edward Jay Allen, 1852-1855

Karen L. Johnson and  
Dennis M. Larsen

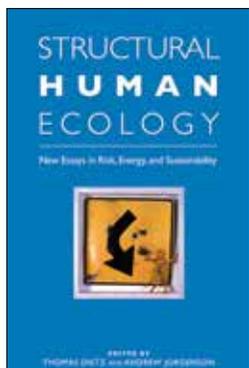
In 1852 twenty-two-year-old Edward Jay Allen completed a difficult overland trek to Oregon. His exploits during a three-year stay in Washington Territory featured unique twists and left a distinct, indelible mark.

The young Yankee traveled north from the Columbia River to Cowlitz Landing and

was promptly drafted as a delegate to the Monticello Convention. After claiming donation land north of Olympia, he led survey and construction teams laying out the Naches Pass wagon road, initiated relief efforts for Longmire wagon train families, explored Puget Sound on a whaleboat, ran for the Territorial Council, and with two others, made the first documented ascent of Mt. Adams.

Allen recorded his adventures in letters and a diary, deftly weaving in descriptive passages, humor, and poetry while eloquently reflecting social, political, racial, and religious views of his time. His hometown newspaper, the *Pittsburg Daily Dispatch*, published his correspondence. Pasted into a recently discovered scrapbook, his observations deliver new insight into Pacific Northwest history.

Photographs • maps  
notes • bibliography • index  
8½" x 11" • 208 pages  
Paperback • \$29.95  
ISBN 978-0-87422-315-6



## Structural Human Ecology

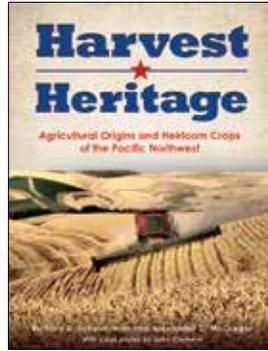
### New Essays in Risk, Energy, and Sustainability

Edited by Thomas Dietz and  
Andrew Jorgenson

People's influence on ecosystems can create serious environmental consequences. The phrase Structural Human Ecology describes scientific studies and analyses of the stress individuals and communities place on the environment, human well-being, and the tradeoffs between them. As an emerging discipline, it is devoted

Charts • notes  
references  
6" x 9" • 208 pages  
Paperback • \$28.95  
ISBN 978-0-87422-317-0

to understanding the dynamic links between population, environment, social organization, and technology. Its community of specialists offers cutting-edge research in risk analysis that can be utilized to evaluate environmental policies and demonstrate how to effectively mitigate human impacts on the biosphere. The essays in this volume were presented by leading international scholars at a 2011 symposium honoring the late Dr. Eugene Rosa.



## Harvest Heritage Agricultural Origins and Heirloom Crops of the Pacific Northwest

Richard D. Scheuerman and  
Alexander C. McGregor  
With color plates by John Clement

Using imported heirloom grains and fruits, Spanish explorers, fur traders, missionaries, and some Native Americans planted subsistence gardens in the Pacific Northwest. After immigration surged in 1843, it took a surprisingly short time for the region's fertile lands to become a

Color and black & white  
illustrations • maps • notes  
bibliography • index  
8½" x 11" • 200 pages  
Paperback • \$32.95  
ISBN 978-0-87422-316-3

commercial agricultural powerhouse.

Demand for food exploded with the industrial revolution as well as the urbanization of Europe and eastern America, and the doors of international export opened wide. Agribusiness expanded to meet the need.

By 1890, advancements in mechanization, seed quality, irrigation, and sustainable practices had spurred a farming boom. Columbia Basin irrigation and the development of synthetic fertilizers, as well as Cooperative Extension efforts and impressive work by agricultural researchers, greatly boosted regional production. *Harvest Heritage* explores the people, history, and major influences that shaped and transformed the Pacific Northwest's flourishing agrarian economy.

## Journals

### We Proceeded On

#### Journal of The Lewis and Clark Trail Heritage Foundation

The premier journal of early western exploration, *We Proceeded On* is issued quarterly and focuses on the iconic journey of the Corps of Discovery, 1804-1806, the early fur trade, indigenous peoples west of the Missouri, and early America.

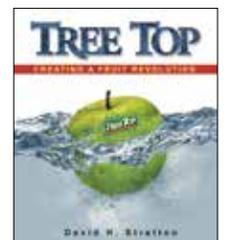
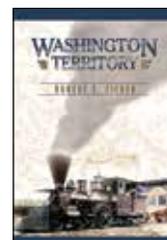
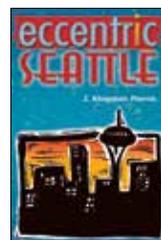
Website: [www.lewisandclark.org](http://www.lewisandclark.org)

### Northwest Science

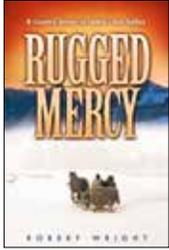
Quarterly of the Northwest Scientific Association (founded 1923), *Northwest Science* presents new and original research in the basic and applied sciences and of social sciences.

Website: [www.northwestscience.org](http://www.northwestscience.org).

## Of Related Interest:



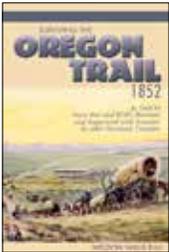
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 Robert Wright

Idaho physician Robert H. Wright's long and captivating career, chronicled by his grandson, illuminates medicine and family life as well as the region's thrilling Wild West past.

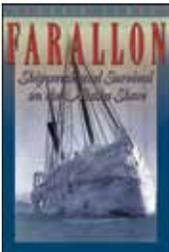
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**Surviving the Oregon Trail, 1852**  
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During the great 1852 overland migration cholera took a terrible toll. Firsthand accounts, including the words and thoughts of the young, recently-married Boatmans, convey the journey's hardship and heartbreak.

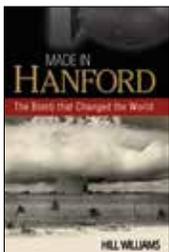
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**Farallon**  
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In 1910, the steamship *Farallon* ran aground in Cook Inlet, stranding the crew and passengers on the barren shore. Lloyd's riveting account paired with amazing photographs taken by the ship's mail clerk reveal a tale of hardy seafaring men surviving hunger and despair under brutal circumstances.

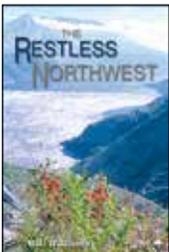
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**Made in Hanford**  
**The Bomb that Changed the World**  
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At an isolated location along the Columbia River in 1944, the world's first plutonium factory became operational, producing fuel for the atomic bomb dropped on Nagasaki, Japan during World War II. Former *Seattle Times* science writer Hill Williams traces the amazing, tragic story—from the dawn of nuclear science to Cold War testing in the Marshall Islands.

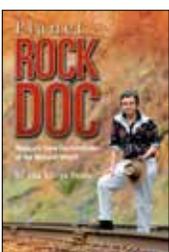
208 pages (2011) • Paperback • 978-0-87422-307-1 • \$22.95



**The Restless Northwest**  
**A Geological Story**  
 Hill Williams

In an easy, conversational style, *The Restless Northwest* provides a brief overview of the remarkable geological processes that have shaped the Pacific Northwest.

176 pages (2002) • Paperback • 978-0-87422-250-0 • \$19.95



**Planet Rock Doc**  
**Nuggets from Explorations of the Natural World**  
 Dr. Elsa Kirsten Peters

Dr. Elsa Kirsten Peters, better known as the Rock Doc, regularly conveys her enthusiasm for all things science in her nationally syndicated column. *Planet Rock Doc*, a collection of her articles plus several new entries, explores a wide range of topics related to natural and applied sciences.

198 pages (2012) • Paperback • 978-0-87422-310-1 • \$22.95

"This book's conversational tone conveys a kitchen-table wisdom that belies its wicked smarts."  
 —ForeWord magazine



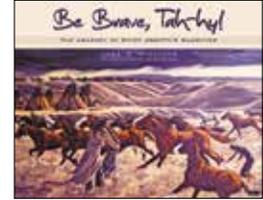
Washington State  
 Book Award, 2003

**Be Brave, Tah-hy!**  
**The Journey of Chief Joseph's Daughter**  
 Jack R. Williams  
 Illustrations by Jo Proferes



Based on actual events and rich with depictions of Nimiipuu Dreamer culture, Tah-hy's young voice narrates this exquisitely illustrated novel about the harrowing 1877 flight of the Nez Perce.

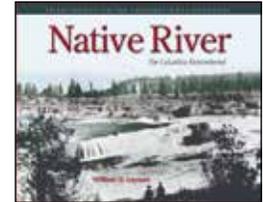
144 pages (2012) • Paperback • 978-0-87422-313-2 • \$29.95



**Native River**  
**The Columbia Remembered**  
 William D. Layman

In images and narratives, *Native River* recreates the Mid-Columbia as it was before the building of seven major dams. Featuring a wealth of illustrations, maps, and photographs, many never before published, this finely crafted book focuses on the 350-mile reach of the middle Columbia River.

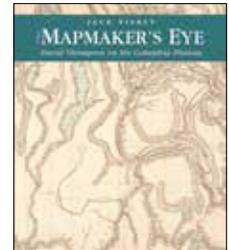
208 pages (2002) • Paperback • 978-0-87422-257-9 • \$29.95



**The Mapmaker's Eye**  
**David Thompson on the Columbia Plateau**  
 Jack Nisbet

Experience the sweep of human and natural history on the early nineteenth-century Columbia Plateau through the eyes of intrepid explorer and cartographer, David Thompson.

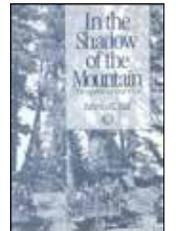
192 pages (2005) • Paperback • 978-0-87422-285-2 • \$29.95



**In the Shadow of the Mountain**  
**The Spirit of the CCC**  
 Edwin G. Hill

A typical recruit in the Civilian Conservation Corps describes "the best years of his life" at Camp Hard Labor Creek in Georgia and in the shadow of Mount Adams and Mount St. Helens in Washington.

208 pages (1990) • Paperback • 978-0-87422-073-5 • \$14.50



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Two lively English translations escort readers back in time to the daring adventures of Old Shatterhand and the Apache chief, Winnetou.

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 Translated and Abridged by David Koblick  
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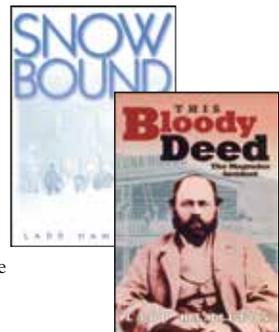
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 In the 1860s, a popular businessman was murdered in the Bitterroot Mountains. Vivid storytelling brings the search for his killer to life.  
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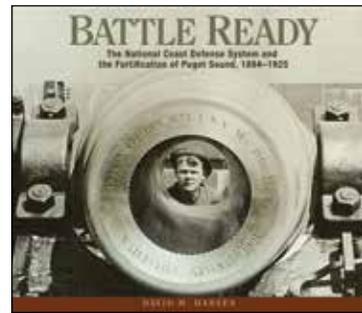
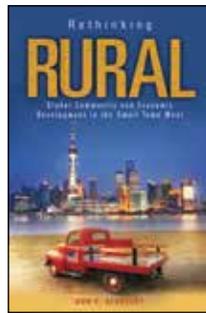
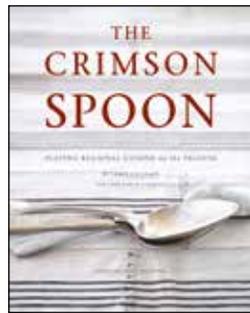
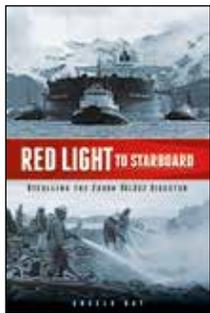
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